

## How Do We Help These Kids?

### Understanding and Addressing the Social-Emotional Needs of Students With High Functioning Autism

(This course fulfills the re-certification requirement of 15 hours of professional development in Special Education)

**Workshop Description:** This course, designed for elementary and middle school teachers, will focus on an examination and overview of practical classroom strategies to support the emotional and social functioning of students with High Functioning Autism Syndrome. Specific attention will be given to proactively identifying elements in a behavior cycle, with consideration given to interrupting this cycle at various stages of development in order to de-escalate behavior at the earliest stage. Aspects of cognitive and communicative vulnerabilities of this population will be addressed. User-friendly mindfulness techniques, designed to reduce anxiety and stress, will be introduced in this course. The overall learning goal is to explore ideas & strategies teachers can use to enhance attention, self-regulation, social competence, & students' overall well-being.



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**About the Instructors:** **Joanne Meehan** is the Program Counselor at the CASE Collaborate Alternative Elementary Program. Students in this program are presented with social, emotional, and behavioral challenges. Ms. Meehan conducts social skills groups, provides individual and parent counseling, crisis management, and trains support staff in behavioral techniques. Ms. Meehan has a special interest in bringing mindfulness-based cognitive therapy into her work to help increase social-emotional resiliency through the enhancement of mindful attention. **Shelley Green** is an Autism Program Specialist with the CASE Collaborative in Concord, Massachusetts. She is responsible for leading social skills groups, consulting to staff, and co-leading a parent group. Previously, Shelley was a special education teacher for 24 years. She has presented at the Social Thinking Providers' Conference in California and at the Autism Society of America's annual conference in Providence.

<b>Audience:</b> Kindergarten through Grade Eight Educators	<b>Location:</b> TEC Professional Learning Center in E. Walpole
<b>Date &amp; Time:</b> Monday – Tuesday, July 16 & 17, 2018, 8:30AM – 3:30PM plus two hours online	<b>Earn:</b> 15 PDPs
<b>Cost:</b> \$275 TEC Members / \$320 Non-TEC Members	<b>Grad Credit:</b> 1 credit from Worcester State University for an additional \$125, payable at the first class

**MA Educator Evaluation Strand and Indicator addressed by this workshop:** **Indicator II-B** *Creates and maintains a safe and collaborative learning environment that motivates students to take academic risks, challenge themselves and claim ownership of their learning.*



To register: Go online to [http://www.tec-coop.org/PDL\\_RegForm.html](http://www.tec-coop.org/PDL_RegForm.html) or complete this form and send, **along with a check or PO**, to:  
TEC Professional Development, 141 Mansion Drive, Suite 200, E. Walpole, MA 02032

Register me for "How Do We Help These Kids?" on 7/16/18!

TEC Member District: \$275  Non-TEC District/Private School: \$320

Name: \_\_\_\_\_ School: \_\_\_\_\_

Home address: \_\_\_\_\_ Role: \_\_\_\_\_

City, state, zip code: \_\_\_\_\_ Address: \_\_\_\_\_

Email: \_\_\_\_\_ City, state, zip code: \_\_\_\_\_

Home phone: \_\_\_\_\_ Work phone: \_\_\_\_\_

*Withdrawals: No credits/refunds will be given unless TEC is notified 10 business days before the first class. All payments processed upon receipt. There is a \$5 cancellation fee.*