

Bullying in Adolescence: Empowering Teens and Families

Audience:	K-12 Teachers, Administrators, Guidance Staff, Specialists	Location:	EDCO Seefurth Center, Waltham
Instructor:	Dr. Douglas Katz	Cost:	\$50 TEC/EDCO Members \$60 Non-Members
Date & Time:	Monday, February 6, 2012 8:30 – 11:00 AM	Earn:	2.5 Hours of Participation

Course Description: In this interactive presentation, Dr. Katz will explain the psychological and social causes of bullying, placing the issue within the contexts of adolescent development, evolutionary psychology, and recent findings in neuroscience. He will also provide participants with strategies to help their students reduce the frequency with which they are targeted. Various types of bullying behavior, including social exclusion, teasing, rumor spreading, and the use of social media will be discussed. In addition, the importance of social skills training in the prevention of bullying will be discussed, and a practical approach to teaching these skills will be outlined. Strategies for how to handle bullying incidents “in the moment” will be shared.

About the Instructor: Dr. Douglas Katz has worked as a psychologist in New York City and Boston for the past 14 years. He received his Ph.D. from Fordham University in the Bronx, NY. He currently maintains a private practice in downtown Boston and works as the clinical coordinator at the Arlington Youth Counseling Center. Dr. Katz’s interests include self-psychology, the integration of Buddhist principles into psychotherapy, the treatment of anxiety disorders, and addressing the bullying problem in schools.

Cancellations: No credits or refunds will be given on withdrawals less than 10 business days before the first class. Checks will be processed approximately two weeks prior to the start date of the course; other payments are processed immediately.
Note: After January 20, a \$25 late fee is required with each course registration.

Online registration available! - see TEC website for more information

To register: Visit our Online Registration Form at http://www.tec-coop.org/PDL_RegForm.html or complete this form and send, along with your check or purchase order, to:
 TEC Professional Development, P.O. Box 186, Dedham, MA 02027

Please register me for “Bullying in Adolescence” beginning on 2/6/12!
 Enclosed is a check or purchase order for: ___ \$50 TEC / ___ \$60 Non-TEC

Name: _____	School: _____
Home address: _____	Role: _____
City, state, zip code: _____	Address: _____
Email: _____	City, state, zip code: _____
Home phone: _____	Work phone: _____